



Registration Form

Please complete this form, keep a copy for your reference & return it with **the \$25 per person fee** (payable by check, money order, or credit card) by **September 26, 2008 to:**

Changes & Challenges in Diabetes Care – 2008
Attn: Geri or Jo Ann
Mountain Plains Health Consortium
PO Box 187
Fort Meade, SD 57741
Phone: (605) 720-7117, FAX: (605) 720-7119

Name: _____
Title: _____
Facility: _____
Address: _____
City: _____ State: _____ Zip: _____
Work Phone: _____ Fax: _____
E-mail: _____

Does your facility currently have Life with Diabetes, 3rd Edition? _____

\$25/person registration fee payable to MPHC enclosed? _____



Special Needs

This conference is being held in an accessible facility. Persons needing accommodations, auxiliary aids or special dietary arrangements should contact Jo Ann Kinney at 605-720-7117 by September 26th.



Lodging

This conference is being held at the Holiday Inn and Conference Center in Spearfish, SD. Blocks of sleeping rooms have been reserved at the Holiday Inn Spearfish - Conference Center through September 22nd. After that date, rooms may be more difficult for you to acquire. Ask for the South Dakota State Diabetes Conference block. You are responsible for your own reservations.

Holiday Inn Spearfish- Conference Center 1-800-999-3541

SD Department of Health Diabetes Prevention & Control
Mountain Plains Health Consortium
PO Box 187
Fort Meade, SD 57741

The South Dakota
Department of Health
Presents.....

Changes & Challenges in Diabetes Care 2008



October 9th & 10th, 2008
Holiday Inn
& Conference Center
Spearfish, South Dakota

Conference Objectives

The goal of this conference is to provide an update on diabetes, its management, and the impact of diabetes on the individual with diabetes. Upon completion of the program, participants will be able to:

- Identify the current approaches to diabetes management
- Apply diabetic management approaches to patient care
- Describe the benefits & risks of exercising with diabetes
- Identify the guidelines for safe exercise & diabetes
- Discuss new medications used in diabetes management
- Review patient guidelines when teaching about these new medications
- Describe the role of medical nutrition therapy
- Define treatment goals for gestational diabetes mellitus (GDM)
- Apply diabetes management skills to patients with GDM
- Discuss appropriate blood glucose monitoring
- Describe Motivational Interviewing (MI)
- Discuss the application of MI on diabetes care
- Compare & contrast MI skills in patient situations
- Apply MI techniques to patient situations
- Differentiate the most common diabetic complications
- Apply the '5-A' guidelines for tobacco cessation and identify 2 resources
- Define treatment strategies for the most common diabetic complications
- Describe the characteristics of Native American/Lakota culture
- Describe components of culture and how it impacts health care delivery
- Apply the concepts of carbohydrate counting
- Discuss the use of an insulin pump to treat diabetes
- Design treatment strategies for specific diabetic case studies

Intended Audience

Nurses, dietitians, pharmacists, nurse practitioners, physician assistants & other health care professionals who provide care & education to those with diabetes & their families.

This yearly training has been developed as an overview & update. More advanced education is available from the Mount Rushmore Chapter of Diabetes Educators-
<http://doh.sd.gov/Diabetes/Events.aspx> and most health systems.

Presenters

Thomas Repas, MD, CDE *Regional Medical Clinic-Endocrinology*

Rhonda Jensen, RN, MS, CDE *Sanford USD Medical Center*

Sherry Peer, RD, LN, CDE *Sanford USD Medical Center*

Linnea Putman, RPH *Rapid City Indian Health Hospital –IHS*

Kibbe Conti, RD, CDE *Northern Plains Nutritional Consulting*

Melissa Magstadt MS, CNP, CDE, BC-ADM, CTTS *Health Care Design & Management*

Continuing Education

- Registered Nurses - 12.6 contact hours awarded by HEDS. Health Education Development Systems, Inc. (HEDS) is an Approved Provider of continuing education by CNE-Net, the education division of the North Dakota Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation." Provider Number AR 65.
- Registered Dietitians – An application has been submitted to the Commission on Dietetic Registration for 12.6 hours of CPEU Level 2 Credit.
- Registered Pharmacists-An application has been submitted to the South Dakota Board of Pharmacy for 12.6 contact hours.
- An application has been submitted to the American Academy of Physician Assistants for 12.6 Category I (Preapproved) CME credit.

Registration

To register, complete the form on the back of this brochure & return it by **September 26th** with the \$25 per person registration fee. The fee is payable by check, money order or credit card. Confirmation of registration will be sent by email, fax or phone.

Agenda

Please note the times are Mountain Standard Time

Thursday, October 9, 2008

7:15 a.m. – 8:00 a.m.	Registration
8:00 a.m. – 8:10 a.m.	Welcome
8:10 a.m. – 9:00 a.m.	Natural History Museum: Diabetes Revealed
9:00 a.m. – 10:00 a.m.	Diabetes Complications
10:00 a.m. – 10:15 a.m.	Break
10:15 a.m. – 11:15 a.m.	New Medications
11:15 a.m. – 12:15 p.m.	Lunch (provided)
12:15 p.m. – 1:15 p.m.	The Badlands: Medical Nutrition Therapy
1:15 p.m. – 4:15 p.m.	Getting by Wall (Drug): Motivational Interviewing

Friday, October 10, 2008

7:45 a.m. – 8:00 a.m.	Welcome Back/Announcements
8:00 a.m. – 8:30 a.m.	Needles Highway: Glucose Monitoring
8:30 a.m. – 9:00 a.m.	Tour Dakota: Exercise and Diabetes
9:00 a.m. – 9:30 a.m.	Road Construction: Gestational Diabetes
9:30 a.m. – 9:45 a.m.	Break
9:45 a.m. – 10:30 a.m.	The Corn Palace: How to Count That Carbohydrate
10:30 a.m. – 11:30 a.m.	Cultural Competency
11:30 a.m. – 12:30 p.m.	Lunch (provided)
12:30 p.m. – 1:30 p.m.	School of Mines: Insulin Pump Technology I
1:30 p.m. – 3:00 p.m.	Scenic Overview: Case Studies

Questions

If you have any questions, contact Geri Shangreaux @ 605-720-7117 or email her at gshangreaux@heds.org.

Please dress comfortably. Personal temperature preferences vary and room temperature may fluctuate.